

RCSAMH ATHLETIC PROGRAM UPDATES

Dear RCSAMH Parents and Students,

I hope this letter finds you well and that you are all enjoying a well-deserved summer break! I am reaching out to inform you of the various athletic programs RCSA has and will have in the near future in order to help build the total young adult...healthy mind, body and spirit. Athletics is an extension of the classroom and is an important developmental tool for our youth to grow and stay engaged in their school community.

We currently have the following teams:

Middle School- Boys Basketball and Girls Volleyball

High School- Boys Basketball (JV and Varsity), Girls Volleyball (JV and Varsity)

We are adding next year beginning in the fall:

Middle School- Cheerleading, Cross Country

High School- Cross Country, Cheerleading, Boys Soccer (Varsity only for the first year) and Bowling

It is an exciting time and opportunity to be able to grow programs from the foundation to greatness and we are looking forward to the opportunity to include our youth at RCSA in this process, as well as the parents! Some programs are busy during the Summer so please feel free to reach out to the respective coaches as they prepare for the upcoming seasons here at RCSA in 2025-26. Preparation is important as interscholastic athletics is extremely competitive and the student-athletes need to prepare accordingly!

Again, I wish to welcome you to RCSA, home of the Rockets, and look forward to serving you all through athletics in the new school year. I have attached the contact information and important dates that you should be aware of for summer planning as well as trout days for the Fall sports which will be in August for most of the sport teams.

Thank you and *GO ROCKETS*! Chris L Crotty Athletic Director River City Science Academy Middle-High *"Home of the Rockets"*

Summer Contacts (this will change as coaches are added)

Athletic Director Chris L Crotty ccrotty@rivercityscience.org Head HS Varsity Volley Coach Will Anderson wanderson@rivercityscience.org Head HS JV Volley Coach Oksana Anderson opicca@rivercityscience.org Head HS Boys Basket Coach Crotty ccrotty@rivercityscience.org Head HS JV Basket Coach Tyler Bringman tbringman@rivercityscience.org Head MS Basket Coach Will Anderson. wanderson@rivercityscience.org Head Cheerleading Coach Hough jhough@rivercityscience.org Head Cross Country Coach Marasco tmarasco@rivercityscience.org Head Boys Soccer TBA ccrotty@rivercityscience.org Head Bowling Coach Ziegler ccrotty@rivercityscience.org Head MS Cross Country Coach R. Crotty ccrotty@rivercityscience.org

Head MS Volleyball TBA ccrotty@rivercityscience.org

<u>Important Dates (Summer)</u>

1- All athletes must have their FHSAA Health Forms and Parent release forms before they tryout...this will consist of the EL-2 and EL-3 forms which can be found and downloaded from:

EL-2 https://fhsaa.com/documents/2023/3/3/EL2 Form.pdf

EL-3 https://fhsaa.com/documents/2023/3/6/EL3 Form.pdf

2- Volleyball Tryouts for High School JV and Varsity will be held on July 29, 2025

-Varsity tryouts will begin at 10am in RCSA Gym

-JV tryouts will begin at 11:30am in RCSA Gym

Team rosters will be posted on band by the end of that day and our first practice will be held on July 30th, time will be announced.

Middle School Tryouts will take place when we return to school!

3- Boys Basketball Summer Workout Schedule (Open to all basketball players)

June 7 @ 9-10:30 AM

June 10 @ 1-2:30 PM

June 14 @ 9-10:30 AM

June 17 @ 1-2:30 PM

June 21 @ 9-10:30 AM

June 24 @ 1-2:30 PM

June 28 @ 9-10:30 AM

July 1 @ 1-2:30 PM

July 2 @ 1-2:30 PM

4- All other athletic programs will begin in the Fall with further information to come when we return to school!